

**Women of the University Community
Suggested Businesses/Services List***
August, 2005

1. Health Professionals:

Doctors

Allergy & Asthma Diagnostic, Liverpool 452-2166 or 446-2461 (E. Syracuse
Dr. Cynthia Battaglia, (Pediatrician), 6851 E. Genesee St. 446-4580
Dr. Karen Beckman (family practitioner) Belgium Meadows, Baldwinsville- 652-1325
Dr. John Sveen- CNY Eye care (ophthamology)- 5770 Commons Park 445-1577
Dr. Daniel Carr (orthopedic), 1000 B. Genesee St. 422-9233
Dr. Alan Freshman (Pediatrician), Roberts Pediatrics 3175 E. Genesee St 251-2612
Dr. Margaret Hellems-Stanley (Pediatrician)- 151 Intrepid Lane 469-8191 (Brighten Hill Pediatrics)
Dr. Robert Kleinhaus (Internist) - 1200 B. Genesee St. 471-8388
Dr. Thomas Little (Pediatrician)-6851 B. Genesee St. 446-4580
Dr. Jeanette Perry – Family Care Medical Group, Manlius 682-5080
Dr. Joanne Rosser (Pediatrician)- Brighton Hill Pediatrics- 151 Intrepid Lane 469-8191
Dr. Joshua Steinberg (Family Medicine)- Madison Irving Medical Center 464-4686
University Pediatrics, 1200 Genesee St., 471-4196
Dr. Richard Waldman (OB/GYN), 770 James St. 422-2222
Dr. Howard Weinstein (ob/gyn) 600 E. Genesee Street (Presidential Plaza) 476-1645
Children's Insurance- Child Health Pl 1-800-223-7242, ext. 415

Dentists

Dr. Joan Armstrong 437 Allen St 422-3307
Dr. Daniel Dell'uomo, E. Genesee St
Dr. Scott Dillingham- 8016 E. Genesee (Fayetteville) 637-6961
P.E. Edwards -3309 James St. 463-0295
Very Gentle Dental, Mark Oberferst, 4309 E. Genesee Street 445-0794
Dr. Martin and Dr. Winkler- 3150 Brie Blvd. East 446-9241
Dr. Bernadine Martin, 1125 Salt Springs Rd. 446-6729
Dental Referral Service -1-800-243.4444

Hospitals

Crouse. 736 Irving Avenue 470-7111
St. Joseph's Hospital, Prospect Avenue—info and referrals 888-785-6371, emergency 448-5101
University Hospital & University Pediatric Emergency Room- 750 East Adams St. 464-5565

Veterinarians

Animal Emergency Center – 2612 Erie Blvd E. 446-7933
Dewitt Animal Hospital - 5620 Thompson Road 446-1200
Boulevard Animal Hospital (Vet) 2406 Erie Blvd. B. (Dr. Wilder) 446-7740
Dr. Nancy Freeborough (veterinarian) - Nottingham Pet Clinic 446-9241

2. Service Professionals:

Accountants:

Firley, Moran, Freer, Easaa - 100 Clinton Square 472-7045
Kruth, Stein, Squadrito, and Lieberman – Learbury Center Suite 400, 401 N. Salina St. 475-7213

Lawyers:

Bond, Schoeneck and King.-One Lincoln Center 422-0121
Bill Myers- 8908 E. Brighton 492-1666
Hancock Estabrook - 1500 Mony Tower 471-3151
Rifken, Frankel, Greenman, Friedman & Levine - 579 Widewaters Pkwy 449-0737

* Collected from questionnaire in 1999-2000, with periodic updates. Some practitioners may no longer be available.

Financial Agents:

EQ Financial Consultant 500 S. Salina St. 425-6346

Paul Marshall-Merrill Lynch 424-047

Morgan Stanley-Dean Witter 250 S. Clinton 464-3309

Plumbing, Heating, air conditioning, and TV repair:

Abt Plumbing- 144 Martin St. 455-1611

Blackburn Plumbing, heating, and excavating- 9391 Woodlawn (Brewerton) 676-2006

Cooney Heating- 2516 Lodi St. 437-7194

Falso Heating & Sheet Metal Co Inc. 5089 Whirlybird Ln East Syracuse, 478-3104, 446-1375

McDonald Heating and Plumbing- 434-9262

Onondaga Heating and Air Conditioning- 455-2473

Palmisano TV Repair- 422-7509

Roger's TV Repair- 468-1312

Painters and Roofers:

Hoxie's Paintng Co.- 4057 Mercun Dr., Jamesville 469-3921

Statewide Roofing (specializes in slate roofing) Port Byron- 1-800-262-8995

Car Maintenance and Repair:

Autotech, Burnet Avenue 474-2100

Burdick BMW and Toyota- 3904 Brewerton Road 458-7590

Fehlman Brothers Garage- 116 Midler Ave. 437-6758

John D's Garage- 134 Ball Circle 422-8311/ Weston's Auto Body Shop, 139 Ball Circle Dr. 425-1416

S. T. Foreign Auto- 415 Brighton Ave. 478-2161

The Body Shop- 1801 N. Salina St. 471-5555

Copies:

Eastern Copy Products- 1224 W. Genesee St. 474-7000

Office Max- 3471 Erie Blvd. (K-Mart Plaza) 462-2393

Staples Superstore- 3 Chevy Drive East Syracuse 463-8040

The UPS Store, Julian Plaza, Nottingham Road 445-0455

Window Replacement:

Comfort Windows- 457-0022 Onondaga Window and Door- 432-1526

Solvay Glass- 422-3500

Beauty Salons:

Design Lines- Nottingham Road (Joe & Art) 449-4050

Hair with Flair, E. Genesee St., Dewitt 445-0024

Head Lines – 130 Seeley Rd. 449-1111

Leg Waxing- Lisa Humpries- 105 Pickwick Rd. 446-5676

Salon Surreal, Burnet Avenue 432-1944

Salon Thomas- 3412 James St. 463-1944

Supercuts (Dewitt)- 3179 Erie Blvd. 449-3205

3. Places of Interest:

Libraries: (branches listed by town in phone book) www.onlib.org

Betts- 4862 S. Salina Street 435-1940

Central Library--Galleries Mall Downtown 435-1900

Petit- 105 Victoria Place 435-3636

Soule- 101 Salt Springs Road 449-4300

Farmer's Markets:

Tues.- Downtown

Thurs. and Sat. -Regional Market (Park St.) near Amtrak Station

Sun. Regional Market (flea Market)

Festivals:

Harbourfest (Oswego) -- Westcott Cultural Fair (Syracuse in Sept)

Spiede Festival (Binghamton) --Arts and Crafts Festival (June) -- Jazz Feat (OCC, in June)

Taste of Syracuse (June, Armory Square) -- Blues Feat -- Balloon Festival, Jamesville Beach

Greek Festival NY State Fair (last week of August)--Apple Festival (Fayetteville) –
Golden Harvest Festival (Beaver Lake Park) Baldwinsville --Marathon Maple Festival, Marathon. NY

Adult Restaurants:

Alto Cinco, Westcott St 422-6399
Aunt Josie's (Italian) 1110 N. Salina St. 471-9082
Cherrywood Inn 1715 F. Lake Rd (Skaneateles) (315) 673-2254
Craftsman Inn, 7300 East Genesee St., Fayetteville, 637-9999
Dante's (Italian) 215 Walton St. 479-9383
Dinosaur BBQ, North Franklin St. and Willow 476-4937
Erawan (Thai) Erie Blvd., 445-8152
King David's, Marshall St. 471-5000, Fayetteville 637-0485
Lemon Grass (Thai) 238 Jefferson St. 475-1111
Little Thai House-Erie Blvd 251-1366; Old Liverpool Rd. 413-0558
New Century Vietnamese, 518 Kirkpatrick St 410-9999
Mai Lan Restaurant (Vietnamese), 505 State St. 471-6740
The Mission, 304 E Onondaga St 475-7344
Saratoga Steak and Seafood, 200 Waring Road, 445-1976
Tokyo/Seoul (Japanese/Korean), Erie Blvd. 449-2688 and many more...

Places to Eat with Children:

Applebee's 3189 Erie Blvd 445-7000
Bruegger's Bagels 3065 Erie Blvd. 449-2528
Doug's Fish Fry, 6812 Manlius Center Rd, East Syracuse, 437-3684, and others
Friendly's 3275 Erie Blvd. 446-8332
Gannon's Isle Ice cream, Valley Drive and Seneca Tpk., 469-8647
Hied's of Liverpool, 305 Oswego St, Liverpool, (315) 451-0786
International House of Pancakes, 4603 E Genesee St, Dewitt, NY 446-0915
Olive Garden (Erie Blvd) 449-1543
Ruby Tuesdays, Erie Blvd. 446-4116

Playgrounds:

Barry Park on Broad Street
Comfort-Tyler Park (Comstock and Colvin Avenues)
Elmcrest Children's Center, Salt Spring Road
Erie Canal next to Dewitt City Hall, Butternut Drive
H.W. Smith (after school hours)
Jamesville E. School (after school hours)
Thornden Park; Rose Garden, Lily Pond, Amphitheatre, and Swimming Pool

Nursery Schools:

Bernice M. Wright (Syracuse University), 443-2471
Erwin Nursery School, Euclid Avenue 472-5580
Jowonio Early Childhood Program, E. Genesee Street, 445-4010
Oswego County B.O.C.E.S., Special Education, Fulton, 592-5531
Rockefeller United Methodist Church (pre-K and tot drop) 350 Nottingham, 472-8130
The Growing Place, 446-5788
The Montessori Learning Center, Waldorf Pkwy, 449-9033; 250 Waring Rd, 446-2753, and others

Family Fun (for complete list, check CNY Parent magazine- free monthly at library)

Any and all state parks...Onondaga Lake Park -- Baldwinsville Lock 24 --Baltimore Woods
Beaver Lake Nature Center -- Burnet Zoo -- Carpenter's Brook Fish Hatchery
Children's Museum. Utica NY-- Chittenango Falls/ Art Park Cazenovia
Erie Canal, Camillus -- Fort Hamilton on Lake Ontario -- Green Lakes Park -- Highland Forest
Jamesville Beach Park -- Museum of Science and Technology (MOST) -- Onondaga Lake Park trail
Pratt's Falls Park -- St. Marie of the Iroquois/Clark Reservation -- Thousand Islands boat tour and area

5. Shopping:

Malls:

Shoppingtown Mall -- Carousel Center Mall -- Prime Outlets—Waterloo (off I-90 toward Rochester)

Supermarkets:

P&C, 620 Nottingham 446 1652 (other locations too)
 Price Chopper, Midland Avenue and Erie Blvd. 449-2314 (other locations)
 Syracuse Real Food Cooperative on Kensington Road 472-1385
 Wegman's, 6789 E. Genesee. Dewitt 446-1180 among other locations

Bookstores:

Barnes and Noble, Erie Blvd 449-2948
 Book Traders, 417 E. Genesee 637-5006 (New and Used)
 Books and Memories, Used Books, James Street (Eastwood) 434-9268
 Borders Books and Music- Carousel Center Mall 466-6100
 The Bookie (Skaneateles) 685-3322

Consignement Stores:

Better than New, 527 Charles Ave Ste 3, 487-4133
 Crystal Closet, Rockefeller Church, 350 Nottingham Rd.
 Jack and Jill, 5018 Route 31, (Clay), 698-1532
 Salvation Army (multiple locations)
 Syracuse Selections, 305 Nottingham Rd., 446-2344

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Burlington Coat Factory, 5775 South Bay Rd Cicero, 452-4522
 Gap Kids sale rack, Old Navy, H & M (all at Carousel Mall)
 K-Mart, Erie Blvd. -- Wal-Mart, Basile Rowe, E. Syracuse
 Marshall's, 3403 Erie Blvd 445-2638

Others:

Antiques- Syracuse Antique Exchange- 1631 N. Salina St. 471-1841
 Lilac House, 1415 W Genesee 471-3866
 Appliance Parts: AP Wagner, 700 Erie Blvd. 476-9406
 Appliances: Venesky Appliances (used and new) 113 2nd St. Liverpool, 453-3050
 Carpentry: Classic Carpentry (Joseph Brannigan) 471-0324
 Fabric Store: The Fabric Mill (outlet prices) 5900 E. Seneca Tpk Rte 173, 492-0336
 Hardware: Bob's True Value, 4805 S. Salina 469-4065
 Chase Pitkin 6797 E. Genesee 251-1500/ Home Depot locations
 Mr. 2nd Bargain Outlet 3480 Erie Blvd. 446-1228
 Liquor: Liquor City, 3481 Erie Blvd (behind Office Max) 449-1818
 Locksmith: Fradon Lock Co. 467 Burnet Ave. 472-6988
 Men's and Women's Suits: Learbury's for Suits and Formal Wear, 401 N. Salina Street Ste 100, 422-0979
 Musical Instruments- Daddy's Junky Music Store (new and used) 2413 Brewerton Rd, Mattydale, 454-9625.
 Paint Store: Purcell's Wallpaper and paint (carries Benjamin Moore) 5900 Bridge St. 446-6475
 Pest control: Orkins, 457-3734/ Terminix, 422-7173 / Erhlich, 472-6844
 Real Estate Agents: Pel Ling Huang and/or David Pendergast of Prudential 682-7197
 Andrew Besemer, the old house specialist, 637-5700 ext. 9337
 Rug Store: Shehadi Inc (rugs and wall to wall carpet) 1502 Erie Blvd. East 472-6397
 Jacobsons Oriental, 401 North Salina Street Suite 101, 422-7832
 Rugs Richmark (for remnants as well as wall to wall), 1641 East Genesee Street, 474-4693

Check these free publications: *Syracuse Parent & CNY Family*, *Pennysaver*, *Syracuse New Times*, *Phone Book (Inside Interest pages)*, and www.syracuse.com

Also the *Post Standard* newspaper sections: Stars (Sun) and the Weekend Edition (Fri)

HAVE A GREAT TIME IN SYRACUSE!!